

## Wettkampf 45 - 400m Freistil weiblich (2013 und älter)

### Pflichtzeiten

2013: 06:05,00 2012: 05:55,00 2011: 05:37,00 2010: 05:34,00 2009 und älter: 05:30,00

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin					
	Jule Jessen	2013	SG Mülheim	04:48,68	533
	<i>100m: 01:07,26 (01:07,26)   200m: 02:21,25 (01:13,99)   300m: 03:36,05 (01:14,80) 400m: 04:48,68 (01:12,63)</i>				
2.	Nele Blasch	2013	SG Mülheim	04:49,35	530
	<i>100m: 01:07,97 (01:07,97)   200m: 02:22,53 (01:14,56)   300m: 03:37,65 (01:15,12) 400m: 04:49,35 (01:11,70)</i>				
3.	Emma Kirbach	2013	Duisburger ST	05:13,04	418
	<i>100m: 01:10,57 (01:10,57)   200m: 02:30,83 (01:20,26)   300m: 03:52,97 (01:22,14) 400m: 05:13,04 (01:20,07)</i>				
4.	Aurelia Spitz Leal	2013	PSV Oberhausen	05:18,89	396
	<i>100m: 01:14,85 (01:14,85)   200m: 02:37,08 (01:22,23)   300m: 03:59,49 (01:22,41) 400m: 05:18,89 (01:19,40)</i>				
5.	Carolyn Banaszak	2013	Duisburger ST	05:30,23	356
	<i>100m: 01:16,65 (01:16,65)   200m: 02:41,94 (01:25,29)   300m: 04:07,34 (01:25,40) 400m: 05:30,23 (01:22,89)</i>				
6.	Lotte Arts	2013	SG Mülheim	05:37,43	334
	<i>100m: 01:18,95 (01:18,95)   200m: 02:45,20 (01:26,25)   300m: 04:12,54 (01:27,34) 400m: 05:37,43 (01:24,89)</i>				
7.	Julia Harder	2013	PSV Oberhausen	05:41,83	321
	<i>100m: 01:17,94 (01:17,94)   200m: 02:47,50 (01:29,56)   300m: 04:17,16 (01:29,66) 400m: 05:41,83 (01:24,67)</i>				
8.	Belén Scherping Mejuto	2013	SG Oberhausen	06:01,49	271
	<i>100m: 01:20,83 (01:20,83)   200m: 02:53,54 (01:32,71)   300m: 04:27,73 (01:34,19) 400m: 06:01,49 (01:33,76)</i>				

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin					
	Amelie Jonas	2012	PSV Oberhausen	05:06,36	446
	<i>100m: 01:09,70 (01:09,70)   200m: 02:28,94 (01:19,24)   300m: 03:49,45 (01:20,51) 400m: 05:06,36 (01:16,91)</i>				
2.	Hannah Katharina Dolny	2012	SV Steele 1911	05:32,15	350
	<i>100m: 01:13,90 (01:13,90)   200m: 02:40,29 (01:26,39)   300m: 04:07,51 (01:27,22) 400m: 05:32,15 (01:24,64)</i>				
3.	Liv Terporten	2012	Duisburger ST	05:37,61	333
	<i>100m: 01:17,33 (01:17,33)   200m: 02:44,34 (01:27,01)   300m: 04:12,66 (01:28,32) 400m: 05:37,61 (01:24,95)</i>				
4.	Katharina Feldhoff	2012	SVD Tria Kettwig e.V.	05:47,20	306
	<i>100m: 01:18,34 (01:18,34)   200m: 02:48,28 (01:29,94)   300m: 04:18,53 (01:30,25) 400m: 05:47,20 (01:28,67)</i>				



### noch Wettkampf 45 - 400m Freistil weiblich (2013 und älter)

#### noch Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
5.	Nele Oellig <i>100m: 01:20,08 (01:20,08)   200m: 02:49,75 (01:29,67)   300m: 04:19,73 (01:29,98) 400m: 05:48,15 (01:28,42)</i>	2012	PSV Oberhausen	05:48,15	304

#### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Evelina Ermisch <i>100m: 01:13,61 (01:13,61)   200m: 02:38,89 (01:25,28)   300m: 04:04,36 (01:25,47) 400m: 05:26,69 (01:22,33)</i>	2011	PSV Oberhausen	05:26,69	368

#### Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Emma Alferding <i>100m: 01:12,90 (01:12,90)   200m: 02:35,33 (01:22,43)   300m: 03:59,41 (01:24,08) 400m: 05:22,90 (01:23,49)</i>	2010	PSV Oberhausen	05:22,90	381
2.	Nila Szczygielski <i>100m: 01:13,95 (01:13,95)   200m: 02:41,96 (01:28,01)   300m: 04:15,91 (01:33,95) 400m: 05:48,55 (01:32,64)</i>	2010	SC Dinslaken	05:48,55	303

#### Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksmeisterin	Jule Jessen <i>100m: 01:07,26 (01:07,26)   200m: 02:21,25 (01:13,99)   300m: 03:36,05 (01:14,80) 400m: 04:48,68 (01:12,63)</i>	2013	SG Mülheim	04:48,68	533
2.	Nele Blasch <i>100m: 01:07,97 (01:07,97)   200m: 02:22,53 (01:14,56)   300m: 03:37,65 (01:15,12) 400m: 04:49,35 (01:11,70)</i>	2013	SG Mülheim	04:49,35	530
3.	Cynthia Sander <i>100m: 01:08,59 (01:08,59)   200m: 02:25,13 (01:16,54)   300m: 03:43,46 (01:18,33) 400m: 04:58,07 (01:14,61)</i>	2007	Duisburger ST	04:58,07	484
4.	Amelie Jonas <i>100m: 01:09,70 (01:09,70)   200m: 02:28,94 (01:19,24)   300m: 03:49,45 (01:20,51) 400m: 05:06,36 (01:16,91)</i>	2012	PSV Oberhausen	05:06,36	446
5.	Emma Kirbach <i>100m: 01:10,57 (01:10,57)   200m: 02:30,83 (01:20,26)   300m: 03:52,97 (01:22,14) 400m: 05:13,04 (01:20,07)</i>	2013	Duisburger ST	05:13,04	418
6.	Aurelia Spitz Leal <i>100m: 01:14,85 (01:14,85)   200m: 02:37,08 (01:22,23)   300m: 03:59,49 (01:22,41) 400m: 05:18,89 (01:19,40)</i>	2013	PSV Oberhausen	05:18,89	396



**noch Wettkampf 45 - 400m Freistil weiblich (2013 und älter)**

**noch Offene Wertung**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	<b>WA</b>
7.	Emma Alferding <i>100m: 01:12,90 (01:12,90)   200m: 02:35,33 (01:22,43)   300m: 03:59,41 (01:24,08) 400m: 05:22,90 (01:23,49)</i>	2010	PSV Oberhausen	05:22,90	381
8.	Evelina Ermisch <i>100m: 01:13,61 (01:13,61)   200m: 02:38,89 (01:25,28)   300m: 04:04,36 (01:25,47) 400m: 05:26,69 (01:22,33)</i>	2011	PSV Oberhausen	05:26,69	368
9.	Carolin Banaszak <i>100m: 01:16,65 (01:16,65)   200m: 02:41,94 (01:25,29)   300m: 04:07,34 (01:25,40) 400m: 05:30,23 (01:22,89)</i>	2013	Duisburger ST	05:30,23	356
10.	Hannah Katharina Dolny <i>100m: 01:13,90 (01:13,90)   200m: 02:40,29 (01:26,39)   300m: 04:07,51 (01:27,22) 400m: 05:32,15 (01:24,64)</i>	2012	SV Steele 1911	05:32,15	350
11.	Lotte Arts <i>100m: 01:18,95 (01:18,95)   200m: 02:45,20 (01:26,25)   300m: 04:12,54 (01:27,34) 400m: 05:37,43 (01:24,89)</i>	2013	SG Mülheim	05:37,43	334
12.	Liv Terporten <i>100m: 01:17,33 (01:17,33)   200m: 02:44,34 (01:27,01)   300m: 04:12,66 (01:28,32) 400m: 05:37,61 (01:24,95)</i>	2012	Duisburger ST	05:37,61	333
13.	Julia Harder <i>100m: 01:17,94 (01:17,94)   200m: 02:47,50 (01:29,56)   300m: 04:17,16 (01:29,66) 400m: 05:41,83 (01:24,67)</i>	2013	PSV Oberhausen	05:41,83	321
14.	Katharina Feldhoff <i>100m: 01:18,34 (01:18,34)   200m: 02:48,28 (01:29,94)   300m: 04:18,53 (01:30,25) 400m: 05:47,20 (01:28,67)</i>	2012	SVD Tria Kettwig e.V.	05:47,20	306
15.	Nele Oellig <i>100m: 01:20,08 (01:20,08)   200m: 02:49,75 (01:29,67)   300m: 04:19,73 (01:29,98) 400m: 05:48,15 (01:28,42)</i>	2012	PSV Oberhausen	05:48,15	304

