

### Wettkampf 31 - 400m Freistil männlich (2014-2016)

#### Pflichtzeiten

2016: 07:30,00 2015: 06:40,00 2014: 06:30,00

#### Jahrgang 2016

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister					
	Oskar Heymanns	2016	SG Essen	05:46,89	254
	<i>100m: 01:24,48 (01:24,48)   200m: 02:53,52 (01:29,04)   300m: 04:23,87 (01:30,35) 400m: 05:46,89 (01:23,02)</i>				
2.	Justus Schüler	2016	SG Essen	05:59,40	229
	<i>100m: 01:24,21 (01:24,21)   200m: 02:55,37 (01:31,16)   300m: 04:28,79 (01:33,42) 400m: 05:59,40 (01:30,61)</i>				
3.	Mats Heitbrede	2016	Duisburger ST	06:30,73	178
	<i>100m: 01:32,64 (01:32,64)   200m: 03:12,77 (01:40,13)   300m: 04:54,98 (01:42,21) 400m: 06:30,73 (01:35,75)</i>				

#### Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister					
	Maximilian Veiser	2015	SG Mülheim	05:16,46	335
	<i>100m: 01:16,27 (01:16,27)   200m: 02:38,07 (01:21,80)   300m: 03:58,08 (01:20,01) 400m: 05:16,46 (01:18,38)</i>				
2.	Hugo Klein	2015	SG Essen	05:27,95	301
	<i>100m: 01:17,40 (01:17,40)   200m: 02:40,22 (01:22,82)   300m: 04:04,40 (01:24,18) 400m: 05:27,95 (01:23,55)</i>				
3.	Tamio Bargmann	2015	SG Essen	05:36,10	280
	<i>100m: 01:17,72 (01:17,72)   200m: 02:42,60 (01:24,88)   300m: 04:09,60 (01:27,00) 400m: 05:36,10 (01:26,50)</i>				
4.	Lars Mothes	2015	Duisburger ST	05:49,69	248
	<i>100m: 01:22,45 (01:22,45)   200m: 02:52,23 (01:29,78)   300m: 04:22,92 (01:30,69) 400m: 05:49,69 (01:26,77)</i>				

#### Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister					
	Elias Knack	2014	SG Oberhausen	05:47,55	253
	<i>100m: 01:21,09 (01:21,09)   200m: 02:50,44 (01:29,35)   300m: 04:20,84 (01:30,40) 400m: 05:47,55 (01:26,71)</i>				
2.	Leonard Grendel	2014	SG Oberhausen	05:51,66	244
	<i>100m: 01:23,42 (01:23,42)   200m: 02:52,68 (01:29,26)   300m: 04:23,94 (01:31,26) 400m: 05:51,66 (01:27,72)</i>				
3.	Paul Dumrauf	2014	SG Oberhausen	06:25,94	185
	<i>100m: 01:28,46 (01:28,46)   200m: 03:07,21 (01:38,75)   300m: 04:47,74 (01:40,53) 400m: 06:25,94 (01:38,20)</i>				

