

Wettkampf 31 - 400m Freistil männlich (2011-2013)

Pflichtzeiten

2013: 07:30,00 2012: 06:40,00 2011: 06:30,00

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Bezirksjahrgangsmeister					
	Edin Hukic	2013	SG Oberhausen	06:01,12	226
	50m: 00:36,56 (00:36,56) 100m: 01:18,88 (00:42,32) 150m: 02:06,78 (00:47,90) 200m: 02:53,31 (00:46,53) 300m: 04:30,83 (01:37,52) 350m: 05:18,84 (00:48,01) 400m: 06:01,12 (00:42,28)				
2.	Samuel Hennen	2013	Duisburger ST	06:54,36	149
	50m: 00:41,90 (00:41,90) 100m: 01:32,95 (00:51,05) 150m: 02:27,06 (00:54,11) 200m: 03:22,83 (00:55,77) 250m: 04:17,07 (00:54,24) 300m: 05:11,69 (00:54,62) 350m: 06:05,57 (00:53,88) 400m: 06:54,36 (00:48,79)				

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Bezirksjahrgangsmeister					
	Lauren Gondro	2012	SG Essen	05:36,80	278
	50m: 00:35,96 (00:35,96) 100m: 01:17,35 (00:41,39) 150m: 02:00,97 (00:43,62) 200m: 02:44,40 (00:43,43) 250m: 03:28,80 (00:44,40) 300m: 04:12,95 (00:44,15) 350m: 04:56,98 (00:44,03) 400m: 05:36,80 (00:39,82)				
2.	Nick Gabbert	2012	SG Essen	05:41,25	268
	50m: 00:36,96 (00:36,96) 100m: 01:19,58 (00:42,62) 150m: 02:02,89 (00:43,31) 200m: 02:47,11 (00:44,22) 250m: 03:31,68 (00:44,57) 300m: 04:16,84 (00:45,16) 350m: 05:01,21 (00:44,37) 400m: 05:41,25 (00:40,04)				

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Bezirksjahrgangsmeister					
	Bastian Asmann	2011	SG Essen	04:57,16	406
	50m: 00:31,94 (00:31,94) 100m: 01:08,10 (00:36,16) 150m: 01:45,72 (00:37,62) 200m: 02:23,95 (00:38,23) 250m: 03:02,08 (00:38,13) 300m: 03:41,00 (00:38,92) 350m: 04:19,53 (00:38,53) 400m: 04:57,16 (00:37,63)				
2.	Felix Dumrauf	2011	PSV Oberhausen	06:02,15	224
	50m: 00:38,06 (00:38,06) 100m: 01:22,70 (00:44,64) 150m: 02:09,42 (00:46,72) 200m: 02:55,33 (00:45,91) 250m: 03:42,54 (00:47,21) 300m: 04:30,06 (00:47,52) 350m: 05:17,09 (00:47,03) 400m: 06:02,15 (00:45,06)				
3.	Dzejlan Hukic	2011	SG Oberhausen	06:13,50	204
	50m: 00:39,31 (00:39,31) 100m: 01:24,53 (00:45,22) 150m: 02:12,39 (00:47,86) 200m: 03:01,42 (00:49,03) 250m: 03:51,70 (00:50,28) 300m: 04:39,54 (00:47,84) 350m: 05:29,98 (00:50,44) 400m: 06:13,50 (00:43,52)				
4.	Benedikt Fügen	2011	SVD Tria Kettwig e.V.	06:25,11	186
	50m: 00:41,47 (00:41,47) 100m: 01:29,49 (00:48,02) 150m: 02:18,01 (00:48,52) 200m: 03:09,63 (00:51,62) 250m: 03:59,92 (00:50,29) 300m: 04:51,94 (00:52,02) 350m: 05:39,51 (00:47,57) 400m: 06:25,11 (00:45,60)				