

Wettkampf 17 - 400m Freistil männlich (2010 und älter)

Pflichtzeiten

2010: 06:05,00 2009: 05:50,00 2008: 05:30,00 2007: 05:10,00 2006: 05:05,00 2005 und älter: 05:00,00

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Bezirksjahrgangsmeister					
	Max Winter	2010	SG Essen	05:03,40	381
	50m: 00:34,26 (00:34,26) 100m: 01:12,75 (00:38,49) 150m: 01:51,39 (00:38,64) 200m: 02:29,39 (00:38,00) 250m: 03:09,09 (00:39,70) 300m: 03:47,99 (00:38,90) 350m: 04:26,78 (00:38,79) 400m: 05:03,40 (00:36,62)				
2.	Julian Marquardt	2010	SG Oberhausen	05:05,57	373
	50m: 00:30,86 (00:30,86) 100m: 01:07,58 (00:36,72) 150m: 01:46,62 (00:39,04) 200m: 02:25,89 (00:39,27) 250m: 03:06,85 (00:40,96) 300m: 03:46,35 (00:39,50) 350m: 04:27,68 (00:41,33) 400m: 05:05,57 (00:37,89)				
3.	Armin Causevic	2010	SG Oberhausen	05:16,80	335
	50m: 00:34,41 (00:34,41) 100m: 01:13,25 (00:38,84) 150m: 01:53,04 (00:39,79) 200m: 02:33,82 (00:40,78) 250m: 03:14,42 (00:40,60) 300m: 03:55,80 (00:41,38) 350m: 04:37,44 (00:41,64) 400m: 05:16,80 (00:39,36)				
4.	Fabian Schäfer	2010	PSV Oberhausen	05:31,31	293
	50m: 00:36,47 (00:36,47) 100m: 01:17,19 (00:40,72) 150m: 01:58,49 (00:41,30) 200m: 02:41,08 (00:42,59) 250m: 03:25,18 (00:44,10) 300m: 04:07,86 (00:42,68) 350m: 04:50,91 (00:43,05) 400m: 05:31,31 (00:40,40)				
	<u>nicht am Start</u>				
	Raphael Kempkens	2010	PSV Oberhausen		

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Bezirksjahrgangsmeister					
	Max Honstein	2009	SG Oberhausen	04:33,76	519
	50m: 00:28,81 (00:28,81) 100m: 01:02,04 (00:33,23) 150m: 01:36,21 (00:34,17) 200m: 02:11,33 (00:35,12) 250m: 02:46,51 (00:35,18) 300m: 03:21,83 (00:35,32) 350m: 03:58,33 (00:36,50) 400m: 04:33,76 (00:35,43)				
2.	Tobias Wennemann	2009	SC Dinslaken	05:48,50	251
	50m: 00:37,45 (00:37,45) 100m: 01:20,66 (00:43,21) 150m: 02:06,02 (00:45,36) 200m: 02:51,43 (00:45,41) 250m: 03:36,74 (00:45,31) 300m: 04:22,31 (00:45,57) 350m: 05:06,84 (00:44,53) 400m: 05:48,50 (00:41,66)				

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Bezirksjahrgangsmeister					
	Hamza Ameziane	2008	SG Essen	04:21,93	593
	50m: 00:28,70 (00:28,70) 100m: 01:01,14 (00:32,44) 150m: 01:34,34 (00:33,20) 200m: 02:08,55 (00:34,21) 250m: 02:42,44 (00:33,89) 300m: 03:16,96 (00:34,52) 350m: 03:50,49 (00:33,53) 400m: 04:21,93 (00:31,44)				
2.	Max Zander	2008	Duisburger ST	04:39,95	485
	50m: 00:30,14 (00:30,14) 100m: 01:04,34 (00:34,20) 150m: 01:39,91 (00:35,57) 200m: 02:15,62 (00:35,71) 250m: 02:51,75 (00:36,13) 300m: 03:28,33 (00:36,58) 350m: 04:04,97 (00:36,64) 400m: 04:39,95 (00:34,98)				

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noch Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
3.	Timo Rotter	2008	SV Steele 1911	04:50,45	434
	50m: 00:30,28 (00:30,28) 100m: 01:05,33 (00:35,05) 150m: 01:42,68 (00:37,35) 200m: 02:20,34 (00:37,66) 250m: 02:58,23 (00:37,89) 300m: 03:36,16 (00:37,93) 350m: 04:14,26 (00:38,10) 400m: 04:50,45 (00:36,19)				

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Bezirksjahrgangsmeister					
	Henry Klode	2007	SG Essen	04:22,09	592
	50m: 00:29,06 (00:29,06) 100m: 01:01,29 (00:32,23) 150m: 01:34,76 (00:33,47) 200m: 02:08,67 (00:33,91) 250m: 02:42,68 (00:34,01) 300m: 03:16,57 (00:33,89) 350m: 03:49,64 (00:33,07) 400m: 04:22,09 (00:32,45)				
2.	Sebastian Dinnes	2007	SG Mülheim	04:28,52	550
	50m: 00:29,66 (00:29,66) 100m: 01:03,13 (00:33,47) 150m: 01:37,26 (00:34,13) 200m: 02:11,71 (00:34,45) 250m: 02:46,35 (00:34,64) 300m: 03:21,15 (00:34,80) 350m: 03:55,80 (00:34,65) 400m: 04:28,52 (00:32,72)				
3.	Lukas Linka	2007	SV Steele 1911	04:48,51	443
	50m: 00:30,00 (00:30,00) 100m: 01:03,90 (00:33,90) 150m: 01:40,23 (00:36,33) 200m: 02:16,68 (00:36,45) 250m: 02:54,28 (00:37,60) 300m: 03:32,06 (00:37,78) 350m: 04:10,68 (00:38,62) 400m: 04:48,51 (00:37,83)				
4.	Hendrik Bielitzki	2007	SG Oberhausen	04:48,70	442
	50m: 00:30,69 (00:30,69) 100m: 01:05,48 (00:34,79) 150m: 01:43,04 (00:37,56) 200m: 02:20,91 (00:37,87) 250m: 02:59,35 (00:38,44) 300m: 03:37,59 (00:38,24) 350m: 04:15,92 (00:38,33) 400m: 04:48,70 (00:32,78)				

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Bezirksmeister					
	Hamza Ameziane	2008	SG Essen	04:21,93	593
	50m: 00:28,70 (00:28,70) 100m: 01:01,14 (00:32,44) 150m: 01:34,34 (00:33,20) 200m: 02:08,55 (00:34,21) 250m: 02:42,44 (00:33,89) 300m: 03:16,96 (00:34,52) 350m: 03:50,49 (00:33,53) 400m: 04:21,93 (00:31,44)				
2.	Henry Klode	2007	SG Essen	04:22,09	592
	50m: 00:29,06 (00:29,06) 100m: 01:01,29 (00:32,23) 150m: 01:34,76 (00:33,47) 200m: 02:08,67 (00:33,91) 250m: 02:42,68 (00:34,01) 300m: 03:16,57 (00:33,89) 350m: 03:49,64 (00:33,07) 400m: 04:22,09 (00:32,45)				
3.	Sebastian Dinnes	2007	SG Mülheim	04:28,52	550
	50m: 00:29,66 (00:29,66) 100m: 01:03,13 (00:33,47) 150m: 01:37,26 (00:34,13) 200m: 02:11,71 (00:34,45) 250m: 02:46,35 (00:34,64) 300m: 03:21,15 (00:34,80) 350m: 03:55,80 (00:34,65) 400m: 04:28,52 (00:32,72)				
4.	Max Honstein	2009	SG Oberhausen	04:33,76	519
	50m: 00:28,81 (00:28,81) 100m: 01:02,04 (00:33,23) 150m: 01:36,21 (00:34,17) 200m: 02:11,33 (00:35,12) 250m: 02:46,51 (00:35,18) 300m: 03:21,83 (00:35,32) 350m: 03:58,33 (00:36,50) 400m: 04:33,76 (00:35,43)				
5.	Max Zander	2008	Duisburger ST	04:39,95	485
	50m: 00:30,14 (00:30,14) 100m: 01:04,34 (00:34,20) 150m: 01:39,91 (00:35,57) 200m: 02:15,62 (00:35,71) 250m: 02:51,75 (00:36,13) 300m: 03:28,33 (00:36,58) 350m: 04:04,97 (00:36,64) 400m: 04:39,95 (00:34,98)				

noch Wettkampf 17 - 400m Freistil männlich (2010 und älter)

noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
6.	Lukas Linka <i>50m: 00:30,00 (00:30,00) 100m: 01:03,90 (00:33,90) 150m: 01:40,23 (00:36,33) 200m: 02:16,68 (00:36,45) 250m: 02:54,28 (00:37,60) 300m: 03:32,06 (00:37,78) 350m: 04:10,68 (00:38,62) 400m: 04:48,51 (00:37,83)</i>	2007	SV Steele 1911	04:48,51	443
7.	Hendrik Bielitzki <i>50m: 00:30,69 (00:30,69) 100m: 01:05,48 (00:34,79) 150m: 01:43,04 (00:37,56) 200m: 02:20,91 (00:37,87) 250m: 02:59,35 (00:38,44) 300m: 03:37,59 (00:38,24) 350m: 04:15,92 (00:38,33) 400m: 04:48,70 (00:32,78)</i>	2007	SG Oberhausen	04:48,70	442
8.	Timo Rotter <i>50m: 00:30,28 (00:30,28) 100m: 01:05,33 (00:35,05) 150m: 01:42,68 (00:37,35) 200m: 02:20,34 (00:37,66) 250m: 02:58,23 (00:37,89) 300m: 03:36,16 (00:37,93) 350m: 04:14,26 (00:38,10) 400m: 04:50,45 (00:36,19)</i>	2008	SV Steele 1911	04:50,45	434
9.	Julian Geßner <i>50m: 00:31,24 (00:31,24) 100m: 01:06,57 (00:35,33) 150m: 01:43,68 (00:37,11) 200m: 02:21,93 (00:38,25) 250m: 03:00,26 (00:38,33) 300m: 03:39,53 (00:39,27) 350m: 04:17,52 (00:37,99) 400m: 04:54,32 (00:36,80)</i>	2001	DJK Delphin Osterfeld	04:54,32	418
10.	Max Winter <i>50m: 00:34,26 (00:34,26) 100m: 01:12,75 (00:38,49) 150m: 01:51,39 (00:38,64) 200m: 02:29,39 (00:38,00) 250m: 03:09,09 (00:39,70) 300m: 03:47,99 (00:38,90) 350m: 04:26,78 (00:38,79) 400m: 05:03,40 (00:36,62)</i>	2010	SG Essen	05:03,40	381
11.	Julian Marquardt <i>50m: 00:30,86 (00:30,86) 100m: 01:07,58 (00:36,72) 150m: 01:46,62 (00:39,04) 200m: 02:25,89 (00:39,27) 250m: 03:06,85 (00:40,96) 300m: 03:46,35 (00:39,50) 350m: 04:27,68 (00:41,33) 400m: 05:05,57 (00:37,89)</i>	2010	SG Oberhausen	05:05,57	373
12.	Armin Causevic <i>50m: 00:34,41 (00:34,41) 100m: 01:13,25 (00:38,84) 150m: 01:53,04 (00:39,79) 200m: 02:33,82 (00:40,78) 250m: 03:14,42 (00:40,60) 300m: 03:55,80 (00:41,38) 350m: 04:37,44 (00:41,64) 400m: 05:16,80 (00:39,36)</i>	2010	SG Oberhausen	05:16,80	335
13.	Fabian Schäfer <i>50m: 00:36,47 (00:36,47) 100m: 01:17,19 (00:40,72) 150m: 01:58,49 (00:41,30) 200m: 02:41,08 (00:42,59) 250m: 03:25,18 (00:44,10) 300m: 04:07,86 (00:42,68) 350m: 04:50,91 (00:43,05) 400m: 05:31,31 (00:40,40)</i>	2010	PSV Oberhausen	05:31,31	293
14.	Tobias Wennemann <i>50m: 00:37,45 (00:37,45) 100m: 01:20,66 (00:43,21) 150m: 02:06,02 (00:45,36) 200m: 02:51,43 (00:45,41) 250m: 03:36,74 (00:45,31) 300m: 04:22,31 (00:45,57) 350m: 05:06,84 (00:44,53) 400m: 05:48,50 (00:41,66)</i>	2009	SC Dinslaken	05:48,50	251